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# GENERAL INFORMATION

Team:	
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Number of Players:	
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Team:	
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Management Details	Name		Contact Details	
	1		(M)	
			(Email)	
	2		(M)	
			(Email)	
	3		(M)	
			(Email)	
	4		(M)	
			(Email)	
	5		(M)	
			(Email)	
	6		(M)	
			(Email)	
	7		(M)	
			(Email)	
	8		(M)	
			(Email)	

# SEASON PLANNER

Players Name		Contact Number	Parent/Guardian Contact Number	Medical Issues
1			21	
2			22	
3			23	
4			24	
5			25	
6			26	
7			27	
8			28	
9			29	
10			30	
11			31	
12			32	
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# PLAYERS DETAILS

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# ATTENDANCE TRACKER

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# ATTENDANCE TRACKER

[illegible]

# ATTENDANCE TRACKER

[illegible]



# ATTENDANCE TRACKER

[illegible]

# SESSION PLANNER

Session Theme: \_\_\_\_\_

Age Group: \_\_\_\_\_

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Number of Players: \_\_\_\_\_

<b>Warm Up</b>	<b>T: _____</b>

<b>Activity 1:</b> _____	<b>T:</b> _____	<b>Coaching Points</b>

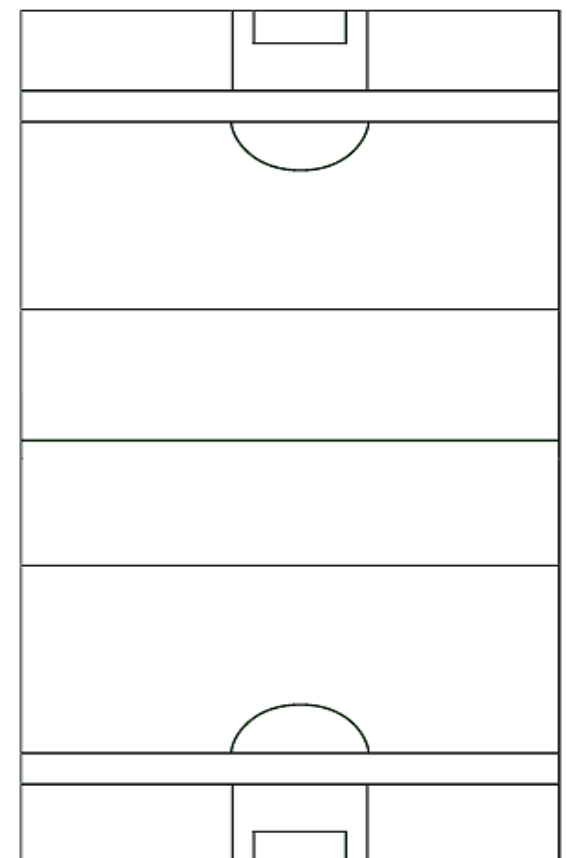
<b>Activity 2:</b> _____	<b>T:</b> _____	<b>Coaching Points</b>

<b>Activity 3:</b> _____	<b>T:</b> _____	<b>Coaching Points</b>

<b>Activity 4:</b> _____	<b>T:</b> _____	<b>Coaching Points</b>

<b>Skills Focused on</b>

<b>Questions — Activity</b>



# SESSION PLANNER

Goalkeepers		Present
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Midfielders		Present
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Forwards		Present
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# SESSION PLANNER

Session Theme: \_\_\_\_\_

Age Group: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_ Number of Players: \_\_\_\_\_

Warm Up	T: _____

Activity 1: _____	T: _____	Coaching Points

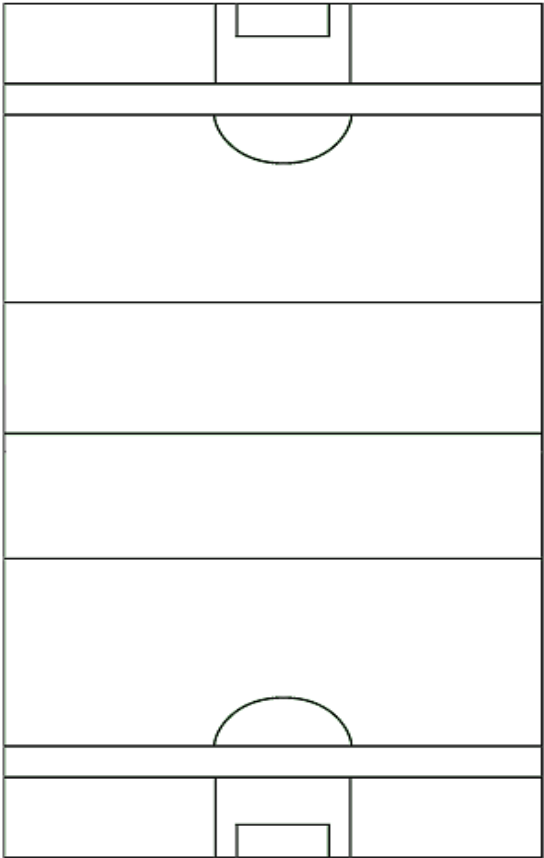
Activity 2: _____	T: _____	Coaching Points

Activity 3: _____	T: _____	Coaching Points

Activity 4: _____	T: _____	Coaching Points

Skills Focused on

Questions — Activity



# SESSION PLANNER

Goalkeepers		Present
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Midfielders		Present
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Forwards		Present
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# SESSION PLANNER

Session Theme: \_\_\_\_\_

Age Group: \_\_\_\_\_

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Number of Players: \_\_\_\_\_

<b>Warm Up</b>	<b>T:</b> ____

Activity 1: _____	T: _____	Coaching Points

Activity 2: _____	T: _____	Coaching Points

Activity 3: _____	T: _____	Coaching Points

<b>Activity 4:</b> _____	<b>T:</b> _____	<b>Coaching Points</b>

Skills Focused on

Questions — Activity

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# SESSION PLANNER

Goalkeepers		Present
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Backs		Present
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# SESSION PLANNER

Session Theme: \_\_\_\_\_

Age Group: \_\_\_\_\_

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Number of Players: \_\_\_\_\_

<b>Warm Up</b>	<b>T: _____</b>

Activity 1: _____	T: _____	Coaching Points

Activity 2: _____	T: _____	Coaching Points

Activity 3: _____	T: _____	Coaching Points

<b>Activity 4:</b> _____	<b>T:</b> _____	<b>Coaching Points</b>

Skills Focused on

Questions — Activity

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# SESSION PLANNER

Goalkeepers		Present
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# SESSION PLANNER

Session Theme: \_\_\_\_\_

Age Group: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_ Number of Players: \_\_\_\_\_

Warm Up	T: _____

Activity 1: _____	T: _____	Coaching Points

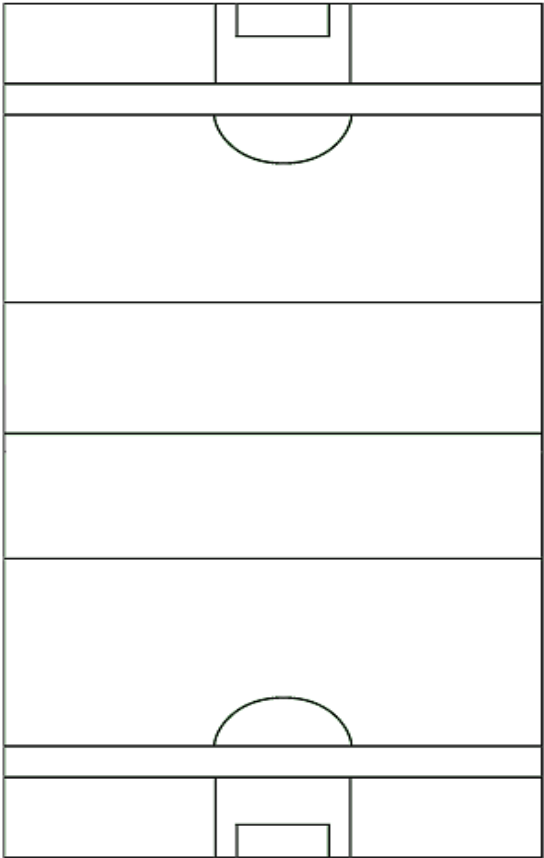
Activity 2: _____	T: _____	Coaching Points

Activity 3: _____	T: _____	Coaching Points

Activity 4: _____	T: _____	Coaching Points

Skills Focused on

Questions — Activity



# SESSION PLANNER

Goalkeepers		Present
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Backs		Present
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# SESSION PLANNER

Session Theme: \_\_\_\_\_

Age Group: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_ Number of Players: \_\_\_\_\_

Warm Up	T: _____

Activity 1: _____	T: _____	Coaching Points

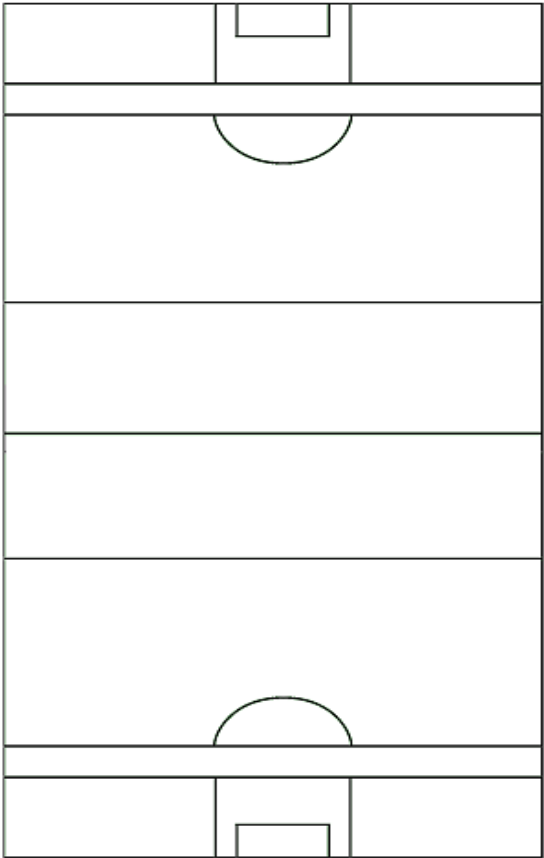
Activity 2: _____	T: _____	Coaching Points

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Skills Focused on

Questions — Activity



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# SESSION PLANNER

Session Theme: \_\_\_\_\_

Age Group: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_ Number of Players: \_\_\_\_\_

Warm Up	T: _____

Activity 1: _____	T: _____	Coaching Points

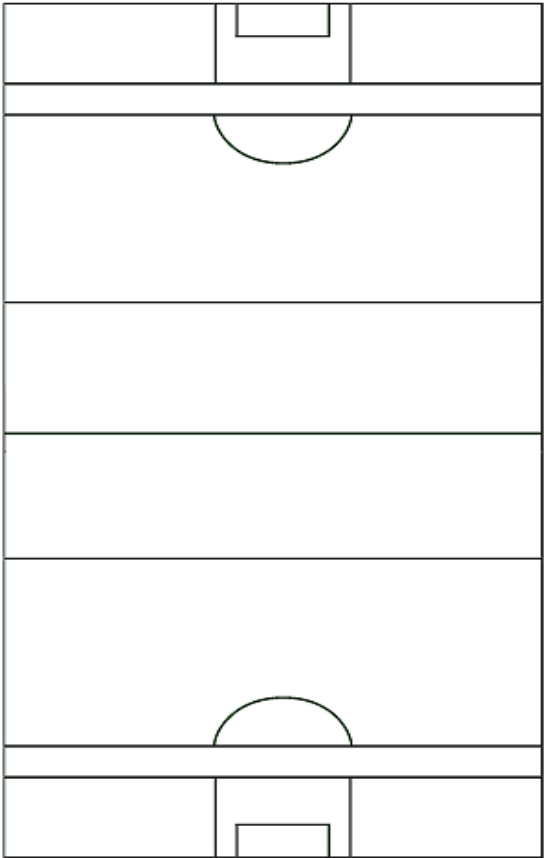
Activity 2: _____	T: _____	Coaching Points

Activity 3: _____	T: _____	Coaching Points

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Skills Focused on

Questions — Activity



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# SESSION PLANNER

Session Theme: \_\_\_\_\_

Age Group: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_ Number of Players: \_\_\_\_\_

Warm Up	T: _____

Activity 1: _____	T: _____	Coaching Points

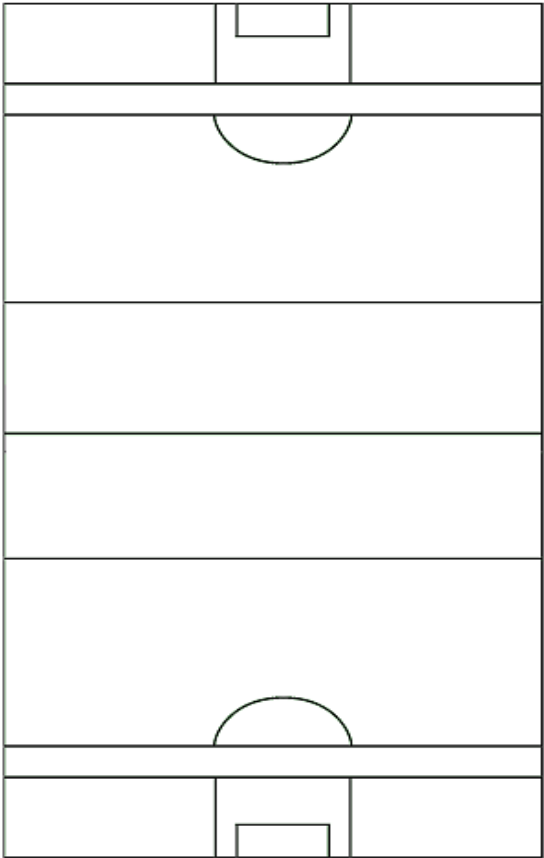
Activity 2: _____	T: _____	Coaching Points

Activity 3: _____	T: _____	Coaching Points

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Skills Focused on

Questions — Activity





# SESSION PLANNER

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# SESSION PLANNER

Session Theme: \_\_\_\_\_

Age Group: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_ Number of Players: \_\_\_\_\_

Warm Up	T: _____

Activity 1: _____	T: _____	Coaching Points

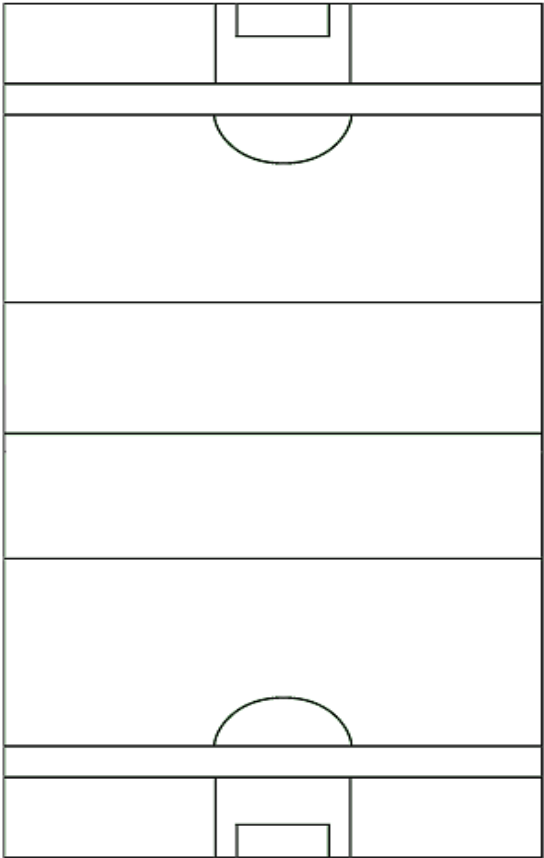
Activity 2: _____	T: _____	Coaching Points

Activity 3: _____	T: _____	Coaching Points

Activity 4: _____	T: _____	Coaching Points

Skills Focused on

Questions — Activity



# SESSION PLANNER

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# SESSION PLANNER

Session Theme: \_\_\_\_\_

Age Group: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_ Number of Players: \_\_\_\_\_

Warm Up	T: _____

Activity 1: _____	T: _____	Coaching Points

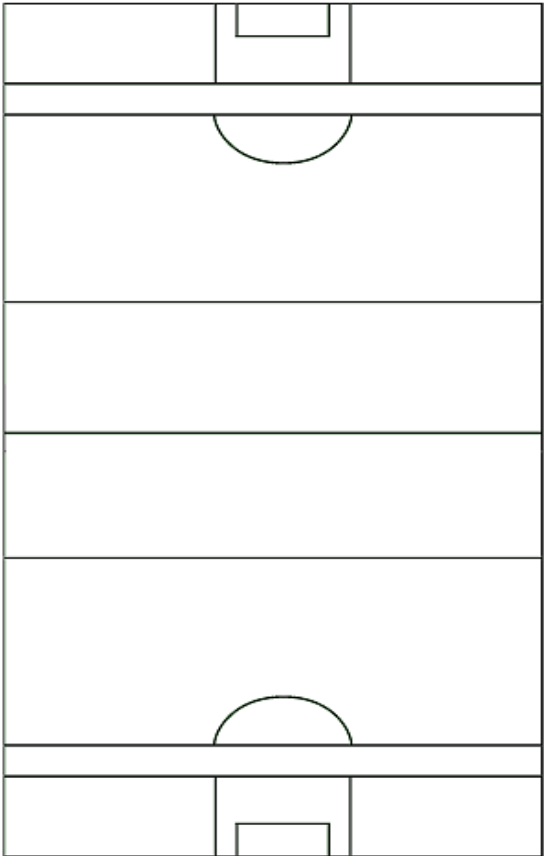
Activity 2: _____	T: _____	Coaching Points

Activity 3: _____	T: _____	Coaching Points

Activity 4: _____	T: _____	Coaching Points

Skills Focused on

Questions — Activity



# SESSION PLANNER

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# SESSION PLANNER

Session Theme: \_\_\_\_\_

Age Group: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_ Number of Players: \_\_\_\_\_

Warm Up	T: _____

Activity 1: _____	T: _____	Coaching Points

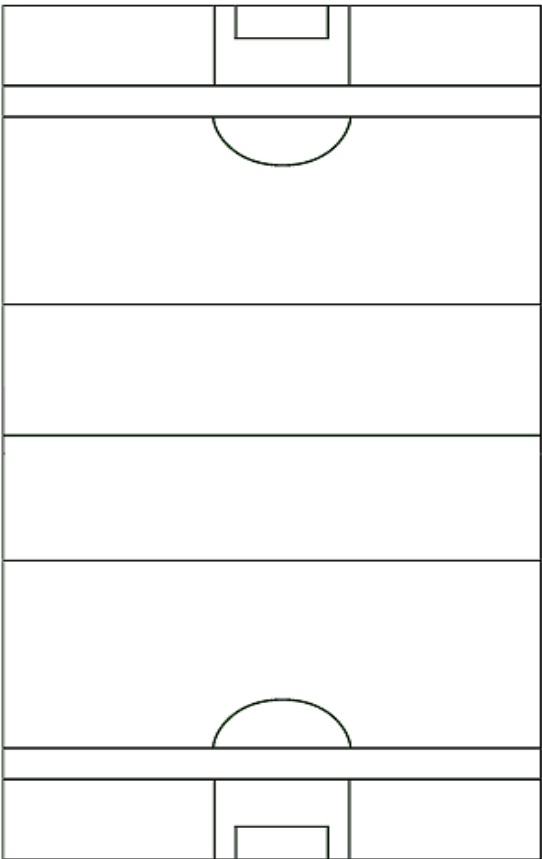
Activity 2: _____	T: _____	Coaching Points

Activity 3: _____	T: _____	Coaching Points

Activity 4: _____	T: _____	Coaching Points

Skills Focused on

Questions — Activity



# SESSION PLANNER

Goalkeepers		Present
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# SESSION PLANNER

Session Theme: \_\_\_\_\_

Age Group: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_ Number of Players: \_\_\_\_\_

Warm Up	T: _____

Activity 1: _____	T: _____	Coaching Points

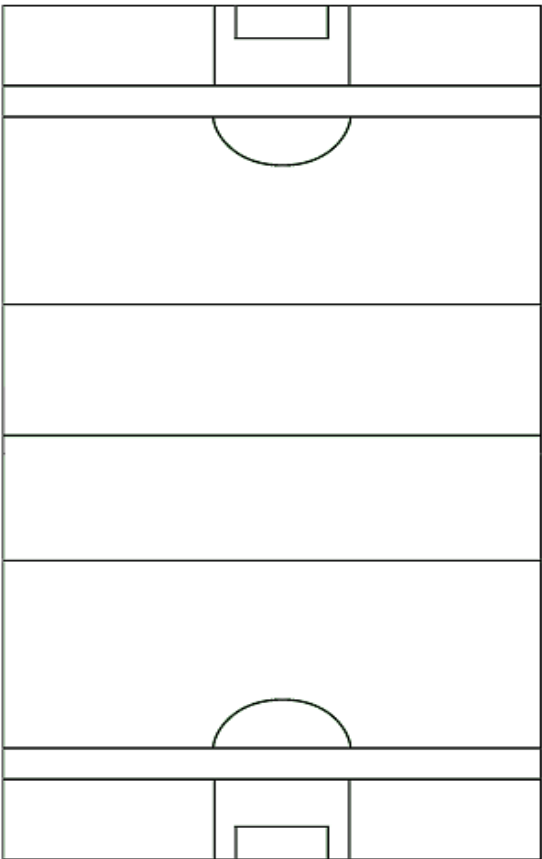
Activity 2: _____	T: _____	Coaching Points

Activity 3: _____	T: _____	Coaching Points

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Skills Focused on

Questions — Activity





# SESSION PLANNER

Goalkeepers		Present
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Backs		Present
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# SESSION PLANNER

Session Theme: \_\_\_\_\_

Age Group: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_ Number of Players: \_\_\_\_\_

Warm Up	T: _____

Activity 1: _____	T: _____	Coaching Points

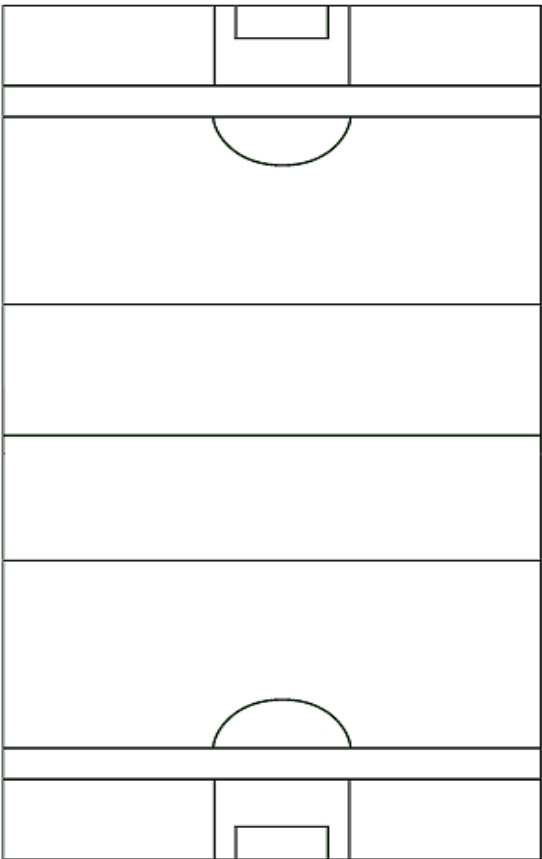
Activity 2: _____	T: _____	Coaching Points

Activity 3: _____	T: _____	Coaching Points

Activity 4: _____	T: _____	Coaching Points

Skills Focused on

Questions — Activity



# SESSION PLANNER

Goalkeepers		Present
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BIBS: _____	BIBS: _____
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# SESSION REVIEW

Session Theme: \_\_\_\_\_

Age Group: \_\_\_\_\_

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Number of Players: \_\_\_\_\_

## **Reflection:**

### **What Worked well:**

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### **Feedback – Players / Other Coaches**

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### **Area's for improvement / Areas to target in next training Session**

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### **Any other Information**

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# SESSION REVIEW

Session Theme: \_\_\_\_\_

Age Group: \_\_\_\_\_

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Number of Players: \_\_\_\_\_

## **Reflection:**

### **What Worked well:**

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### **Feedback – Players / Other Coaches**

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### **Area's for improvement / Areas to target in next training Session**

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### **Any other Information**

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# SESSION REVIEW

Session Theme: \_\_\_\_\_

Age Group: \_\_\_\_\_

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Number of Players: \_\_\_\_\_

## **Reflection:**

### **What Worked well:**

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### **Feedback – Players / Other Coaches**

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### **Any other Information**

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Age Group: \_\_\_\_\_

Opposition: \_\_\_\_\_

Time: \_\_\_\_\_

No of Players: \_\_\_\_\_

Competition: \_\_\_\_\_

Date: \_\_\_\_\_

## Focus Areas for the game / KPI

## Team:

Players			INFO	Replacements:		R:	INFO
1				16			
2				17			
3				18			
4				19			
5				20			
6				21			
7				22			
8				23			
9				24			
10				25			
11				26			
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*R = Replaced (Number who replacement came on for)*

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Age Group: \_\_\_\_\_

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No of Players: \_\_\_\_\_

Competition: \_\_\_\_\_

Date: \_\_\_\_\_

Result:      Team    \_\_\_\_ - \_\_\_\_      Opposition    \_\_\_\_ - \_\_\_\_

## Reflection:

Where pre match focus areas meet?

General Comments / points of note

1<sup>st</sup> Half

2<sup>nd</sup> Half

Area's for improvement / Areas to target in next training Session

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Area's for improvement / Areas to target in next training Session

[illegible]

# GENERAL NOTES

[illegible]

# GENERAL NOTES

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# GENERAL NOTES

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